

ACTION VERBS VS DYNAMIC VERBS

Aspect	Action Verbs	Dynamic Verbs
Definition	Action verbs represent completed actions, or actions happening at any particular time, the instantaneous actions.	Dynamic Verbs represent actions over time. These denote change or process. There may be ongoing or temporary actions, or changes in power, energy, or intensity.
Examples	He left.	She is writing.
Usage	These represent specific actions or events.	These represent continued actions or states.
Characteristics	These are not generally used in continuous or progressive forms. For Example, She writes.	These are used in continuous forms (progressive forms). For example, she is writing.
Focus	Represent the completed action or the result.	Represents change, process, or duration.