ADVERBS OF FREQUENCY LIST

These adverbs modify and describe how many times an action or activity repeats in a particular time frame.

- Consistently
- Constantly
- Continuously
- Daily
- Ever
- Frequently
- Generally
- Hardly ever
- Hourly
- Infrequently
- Intermittently
- Many times
- Monthly
- Mostly
- Once in a while
- Periodically
- Persistently

- Never
- Occasionally
- Often
- Quarterly
- Rarely
- Recurrently
- Regularly
- Routinely
- Scarcely
- Seldom
- Sometimes
- Sporadically
- Usually
- Weekly
- Yearly
- Always
- On occasion

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